

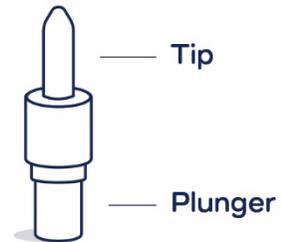
INSTRUCTIONS FOR USE
Cardamyst™ [kar da mist]
(etripamil) nasal spray

This Instructions for Use contains information on how to use CARDAMYST nasal spray.

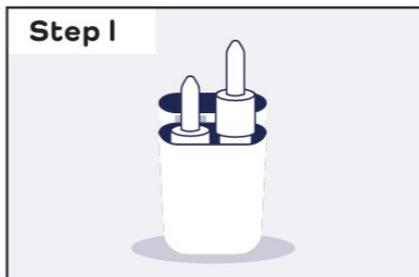
Important Information You Need to Know Before Using CARDAMYST

- **For use in the nose only.**
- Each CARDAMYST device contains **1 dose consisting of 2 sprays** (1 spray in each nostril). **Do not press** the CARDAMYST device plunger until you are ready to deliver a dose.
- **Check the expiration date** ('EXP') before using.
- **Do not test or prime before use. The nasal spray device is ready for use.**
- **CARDAMYST may cause dizziness.** Use CARDAMYST while sitting in a safe area where you will not fall if you become dizzy or lightheaded.
- If you do not get the full first dose, wait 10 minutes before using another device.
- **Do not** re-use the CARDAMYST device. Throw away (discard) the CARDAMYST device after use.

CARDAMYST Device



Preparing the Dose



Remove the CARDAMYST device from the carrying case:

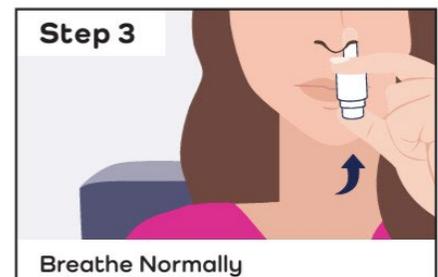
- Each carrying case contains 2 CARDAMYST devices. **Each CARDAMYST device contains 1 dose consisting of 2 sprays** (1 spray for each nostril).
- **Open the lid** and carefully remove 1 nasal spray device from the carrying case.

Using CARDAMYST Nasal Spray



Sit down and hold the nasal spray device in your hand:

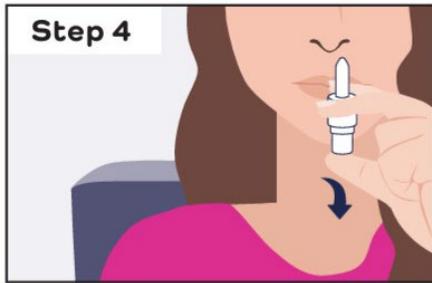
- **Hold the CARDAMYST device** in an upright position as shown with your thumb on the bottom of the plunger and the tip between your index and middle fingers.
- **Do not press** the plunger yet.



Insert the nasal spray device into the first nostril and spray:

- **Keep your head straight.**
- **Insert the tip of the nasal spray device into 1 nostril** until your index and middle finger are touching the bottom of your nose.
- Using your thumb, **press the plunger firmly** and quickly all the way up.
- **Breathe normally. Avoid inhaling deeply.**

Using CARDAMYST Nasal Spray (continued)



Release the plunger:

- **Completely release the plunger.**
- **Remove the nasal spray device** from the first nostril.



Insert the same nasal spray device into the second nostril and spray right away:

- With the same nasal spray device, **repeat Steps 3 and 4 in the second nostril right away.**
- **Breathe normally. Avoid inhaling deeply.**



Stay seated and keep your head straight for 10 minutes:

- For CARDAMYST to work right away, **keep your head straight for 10 minutes**, as shown.
- **When medicine drips out**, wipe your nose.
- **Do not blow your nose for 10 minutes.**
- **Throw away** (discard) the CARDAMYST device after use.



If you continue to have symptoms after 10 minutes:

- **Repeat Steps 1 to 6** with a new CARDAMYST device.
- **If your symptoms have not improved within 20 minutes** after your second dose, call your healthcare provider or get emergency medical help right away.
- **Do not use more than 2 CARDAMYST devices (140 mg)** within a 24 hour period.
- **Replace the used CARDAMYST device with a new one right after use**, so you will have a new nasal spray device in case you need it.

Storing CARDAMYST

Store CARDAMYST at room temperature between 20°C to 25°C (68°F to 77°F).

- **Keep CARDAMYST and all medicines out of the reach of children.**

For more information about CARDAMYST, visit cardamyst.com or call 1-844-805-5810.

Manufactured for: Milestone Pharmaceuticals USA, Inc., 6210 Ardrey Kell Road, Suite 650, Charlotte, NC 28277

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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